



Jyothi R S

CONTACT

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SKILLS

Core Skills

- Activities of Daily Living
- Social care
- Elderly care
- Safeguarding knowledge
- Disability care
- Documentation development
- Personal care
- Housekeeping
- Patient risk assessment
- Patient observations
- Basic life support
- Patient handling and positioning
- Pain level assessment
- Clinical waste disposal
- Passion for Helping others
- Caring
- Respectful
- Friendly
- Empathetic
- Flexible & Willing nature
- Patient
- Highly observant
- Quick learning
- Confidentiality
- Records keeping
- Hygienic
- Positive attitude
- Problem solving skills
- Multitasking
- Responsible

IT skills

- Internet and email
- website development
- browsing skills
- data entry

PROFESSIONAL SUMMARY

A calm and care-focused Health Care Assistant with expertise in delivering high quality care to residents in care homes. A versatile professional with care home experience of providing tailored patient care to meet all aspects of their nutritional, physical, and emotional wellbeing. I have proven ability to adapt easily to new situations, flexible, quick learner and enjoys challenge. Keen in decision making, critical thinking and multi-tasking approach and work very independently and good team player. Actively looking for a permanent job with reputed organization to establish a long-term carrier where I can utilize my health care assistant skills, knowledge and experiences.

WORK HISTORY

Care Assistant 05/2021 - 11/2022
Crystal Home Healthcare Services - Bangalore, India

- Used outstanding communication and interpersonal skills to build positive relationships with residents for exceptional satisfaction ratings.
- Charted daily observations, mobility activity, and eating percentages to aid continued resident assessment.
- Helped individuals with day-to-day activities while consistently encouraging independence and self-belief.
- Optimized client satisfaction through compassionate, considerate care and communication.
- Worked professionally with caregiving teams and hospital departments to maintain continuity of care.
- Supported numerous individuals in maximizing physical, intellectual, emotional, and social capabilities through individualized care plans.
- Delivered high-quality care to residents with disabilities, achieving care plan objectives.
- Assisted in all aspects of personal care, retaining comfort and dignity.
- Assisting with recommended exercises
- Ensured neat and clean area for residents and helped to make beds and tidy the room
- Evaluated all care plans and, if necessary, enabled adjustments
- Maintained confidentiality on resident information
- Communicating and spending enough time with residents
- Coordinating with team members and Nursing staff
- Perform jobs in a professional and hygienic manner
- Well-versed in keeping track of and updating residential records

Drupal Developer 08/2018 - 03/2020
Power CMS Technology - Trivandrum, Kerala

- Created custom websites by harnessing HTML, CSS, and JavaScript skills.
- Delivered front- and back-end development websites
- Boosted website performance and stability through planned maintenance and targeted troubleshooting.
- Facilitated code reviews and pair programming to produce clean, high-quality code.
- Managed databases with strong SQL skills.
- Developed and tested REST APIs.
- Optimized HTML email templates created
- Improved web development plans to achieve client requirements within assigned timeframes.

EDUCATION

Bachelor of Science: COMPUTER SCIENCE AND ENGINEERING, 08/2018
LBS INSTITUTE OF TECHNOLOGY FOR WOMEN - Trivandrum, India

Diploma of Higher Education: Diploma in Computer Hardware and Network Engineering, 03/2015
Govt polytechnic college - Trivandrum, Kerala

Higher Secondary Education in Biology Science, 03/2011
Govt HSS Elampa - Trivandrum, India

SSLC, 03/2009
Govt HSS Elampa - Trivandrum, India

CERTIFICATIONS

- Geriatric Home Care Nursing, Crystal Home Healthcare Services - 04/05/2020 to 04/05/2021
- Ecctis/UK Visas and Nationality Service (UK NARIC)